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	HOUR OF REST & PREVENTION OF FATIGUE POLICY	Print	26/7/2023

T.A.G MARINE SDN BHD (TMSB) is committed to providing a safe and conducive working environment for all employees, contractors and visitors.

Recognizing the potential contributor of fatigue as a cause of, and/or being a contributor to human error and its impact on performance, the importance of sufficient rest hours cannot be further emphasized. A clear written Policy on hours of rests & prevention of fatigue are drawn out for easy reference and understanding by all personnel.

POLICY

1. All operation staff to ensure they have taken sufficient rest periods and not suffered by fatigue.
2. Coordinator or Units Heads are to ensure any staff assigned for operation works are given sufficient rests prior engaged with the next tasks.
3. Mooring Master/ Loading Master engaged in transfer operations must record periods of rests on STS Timesheet. Records of rest hours should be retained.
4. In events of multiple STS transfer, it is the duty the P.OA.C OR Loading Master together with the Master of the vessel and Shore base coordinators to manage the periods of duty in a safe and structured manner including calling for assistance if so required.

In scheduling Operation Staff, Mooring Master or Loading Master for assignment in STS transfer operations wherever possible the coordinator are to ensure the opportunities are secured for the person to have an uninterrupted rests period of minimum six (6) hours prior to operation